



Experience. Knowledge. Excellence.

NADOI News

Volume 48, Issue 3 Fall 2016

Teaching the Down

By Helen Cariotis #372



Few exercises (commands) will prove to be more useful to the pet owner than the down, and most curricula will introduce that early on in the beginner course. Teaching a dog the down not only gives the owner a great control exercise, but helps to establish leadership from the very start. There are many ways to teach this exercise, and lots of variation on each way to teach it. Most trainers and instructors will have their favorites, but it is always good to have “spares” in the tool bag, as sooner or later you will encounter a dog (or a handler) that will be able to use one of them.

Recently, a discussion on the obed-teach yahoo list (run by member Anita Crafton) produced some good techniques and tips for teaching the down. Sometimes it is fun to just write down the ways instructors teach a basic exercise, and sometimes we even learn something new. So here are some ideas from members Anita Crafton, Linda Lundgren, OBi Fox, Jan Fridge, and me.

The below methods are with the dog stationary, although moving downs can sure be taught in the beginner class if you have room in your curriculum and want to try it.

Here is the list, **by no means a complete one**, and in no particular order.

- Lure the dog into a down from a sitting position. The handler can do this with the dog on his left at heel position (preferred) or from in front. Use a food treat or even a toy. Make sure the dog smells the treat, then drop your hand to the ground so the dog's head will follow. The handler may need to move the lure around, wiggle it, move it out in front of the dog, or even back to the chest. If you do this on a table, you can place the lure lower than table level, which can sometimes help. Lots of praise for the response.

- With the dog sitting at heel, apply pressure downward and somewhat forward with your left hand just behind the shoulder blades, with your thumb on one side and your fingers on the other side. I used to call this the “Mr. Spock” technique, and dogs normally will buckle unto a down easily. Or just do some “scratchy scratchies” in that area. Lots of praise. Great for handlers who can't bend or get on the ground easily.

- With the dog sitting at the handler's left, the handler should reach over the dog's shoulder with his left hand and gently cradle

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IMPORTANT INFORMATION

OFFICERS and DIRECTORS

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Vice President: Marti Kincaid denmarelkhounds@gmail.com
Treasurer: Gwen Chaney treasurer@nadoi.org
Recording Secretary: Jan Dearth rallyjudge05@aol.com
Director: Margery West maw4949@gmail.com
Director: Connie Timmerman timbercrk@gmail.com
Director: Carol Gannaway carol@whidbey.com

SOCIAL NETWORKING

NADOI Web Site www.nadoi.org
Facebook www.facebook.com/NADOI
Facebook Member Page tinyurl.com/pp97svp
E-Mail Discussion List <http://tinyurl.com/nadoilist>
Pinterest pinterest.com/dogobedience/
Twitter @NADOIorg twitter.com/NADOIorg

SUNSHINE

(Member assistance, sympathy or congratulation cards, etc)

Michelle Knevelbaard dobermangrl@aol.com

WHO TO CONTACT

Change of address:
Jan Dearth, Recording Secretary rallyjudge05@aol.com
Add an endorsement:
Linda Lundgren, Membership Admin membership@nadoi.org
Complaints against members:
Ethics Committee ethics@nadoi.org
Money matters:
Gwen Chaney, Treasurer treasurer@nadoi.org
NADOI Notes:
Kelly Winkie, Editor notes@nadoi.org
NADOI News:
NADOI News Editor news@nadoi.org
Application information: membership@nadoi.org
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Anita Crafton webmaster2@nadoi.org
Vikki Youngmeyer vikkiy@windstream.net
NADOI E-mail Discussion List:
Anita Crafton, Admin nadoi-owner@yahoogroups.com

NADOI COMMITTEES

Administrative Procedures: Jan Dearth (recording sec)
Honorary Life Membership: Vikki Youngmeyer
Health and Welfare: Michelle Knevelbaard

Communications and Publications: Margery West
Logo Items: Connie Timmerman
Internet Discussion List: Anita Crafton
Historian: OPEN
Facebook: Anita Crafton, Linda Lundgren, Marti Kincaid,
Helen Cariotis
Web Liaison: Vikki Youngmeyer, Anita Crafton
NADOI News: Anita Crafton, Vikki Youngmeyer
NADOI Notes and Anthology: Margery West
Publicity: Heddie Leger (chairman), Linda Lundgren

Election: Helen Cariotis (chairman), Margery West, Vikki Youngmeyer

Ethics: [OPEN] (chairman), Joyce Bradley, Carolyn Molder,
Jan Fridge, open

Executive: Karen Shivers (chairman), Marti Kincaid,
Vikki Youngmeyer, Gwen Chaney

Finance: Gwen Chaney (treasurer), Barbara Lewis, open

Membership: Anita Crafton (co-chair), Linda Lundgren (co-chair),
Marti Kincaid, Carolyn Molder, Michael Young
Application Administrator: Linda Lundgren

Parliamentarian: Marti Kincaid

Think Tank: Fran Jewell (chairman), Obi Fox, Linda Lundgren,
Connie Timmerman

Training and Education: Karen Blisard
Workshop and Gathering: Claire Reece-Glore
Handlers With Disabilities: Jeanne Hampf (chairman),
Janice Brennan
Continuing Education: Karen Blisard (chairman),
Vikki Youngmeyer, OBi Fox, Margery West

KEEP THIS PAGE FOR FUTURE REFERENCE

Rev 09.16

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the dog's left "elbow." The handler's right hand should cradle the dog's right elbow. Simultaneously, lift both elbows down and out to gently down the dog. Lots of praise. Pressure can be applied to the dog's body by the handler's body if need be to assist in staying down for at least a moment. For this technique, the handler will have to be on the ground, kneel down or bend.

- With the dog sitting on the handler's left, apply pressure with the palm of your hand to the dog's muzzle or head (move toward dog's chest). Praise when dog downs.
- With the dog sitting on the handler's left, apply leash pressure under the dog's chin (even pressure, not a jerk). Praise when dog downs.
- Lure the dog under the handler's leg with a food treat. The handler should sit and bend one leg into an inverted "V." The handler can also lure the dog under a table or chair or even into a tunnel, or anything they have to duck to get into. This may require the handler to get down on the ground. Praise for completion of down.
- "Capture" the down by waiting until the dog does the action on his own, then praise (or treat or both). This can be more time-consuming, but does work.
- "Shape" the down by rewarding small steps to get to the behavior. Have your clicker or marker word ready and use food treats. Reinforce little increments like dropping the head. This can work well with dogs that may sometimes be reluctant to down or down all the way, like short-legged breeds. Lots of praise.
- Another method that uses pressure is to have the dog sitting on the handler's left. With leash and collar on the dog, the handler plays out some slack in the lead resembling a "J" loop, while holding the other end in their hands. The loop should be near the ground but not touching the ground. The handler places his left foot into the "J" and places it on the ground. The dog's head is now pulled slightly down. To become more comfortable, the dog will down. In the future, the dog will often down if the handler simply raises his left foot as a cue. Lots of praise.
- Some like to teach the down from a stand, especially if the dog is really sitting solidly, although I never did this in beginner class. If you want to do this in a class, you may want to do it "before" teaching the sit. I will say it looks really neat.

Many of these techniques can be combined, for example using pressure and lure. Always let the dog know how happy you are that he succeeded, but keep the praise low key...you don't want him jumping up. A foot on the lead is a good way to remind the dog to hold the down until released or told to do something else. Dogs that are started right away with leadership exercises like long down stays or "sit on the leash," will find the downs at heel position easy. Don't forget to use the command "down." You can make good use of a table for smaller breeds and to save your back. Some have had good luck doing what I called "lap downs" with small dogs in the handler's lap. Be creative and you may invent yet another way to teach the down!

TREASURER'S REPORT

3/1/16 - 8/31/16

INCOME	
Membership	5,331
Interest	9
Gathering	923
Good Puppy book	99
Total Income	6,362
EXPENSES	
Administrative	3,497
Board of Directors	120
Annual Board Meeting	3,190
Gathering	2,690
Good Puppy book	211
Postage	14
Total Expenses	9,722
TOTAL CASH FLOW	-3,360

SAVE THE DATE!

2017 GATHERING

Oklahoma City, OK
April 21-23, 2017

We are excited to announce that **Chad Mackin** will be presenting at the 2017 Gathering! He will be doing a half-day workshop Saturday morning on his background, foundation skills and leash handling.

In the afternoon, there will be a session on service dogs, presented by the staff of New Leash on Life, and then the day will end with a panel discussion with Chad and NADOI members.

Chad is from the Chicago area and worked with Dick Russell with large field socialization. www.packtobasics.net

Chad does a weekly podcast. Check out the archives, and find something to listen to on your next long car ride:

chadmackindogtraining.libsyn.com

Deadline

Next Issue of NADOI News

NOVEMBER 30, 2016

Please send materials for publication to News@nadoi.org.

Nominating Committee

The election committee has completed our work. The candidates selected for open offices are below:

- ◆ President: Karen Shivers (2nd term)
- ◆ Director: Margery West (3rd term)

Helen Cariotis, Chairman



A closed Facebook group has been established for active members of NADOI. This is another place to share thoughts and feelings, idea and suggestions, problems and solutions.

Please add your Face to the collage, and join us at:

tinyurl.com/pp97svp

RECORDING SECRETARY REPORT

Board Of Directors Meeting, August 2, 2016

- ◆ BALLOT 2016-15 Setting date and time of next BOD meeting on Tues, Sept 6, 2016 at 7:00 PM CT
FOR = 6 AGAINST = 0 ABSTAIN = 0 Motion passed
- ◆ BALLOT 2016-16 Appointment of Kelly Winkie as Editor of NADOI Notes
FOR = 6 AGAINST = 0 ABSTAIN = 0 Motion passed
- ◆ BALLOT 2016-17 To send a \$100 Amazon Gift card to Anita Crafton in appreciation for all her work
◆ for NADOI
FOR = 6 AGAINST = 0 ABSTAIN = 0 Motion passed

Special Board of Directors meeting, August 11, 2016

- ◆ BALLOT: 2016-18 To Accept the Budget for 2016-2017 Fiscal Year
FOR = 5 AGAINST = 0 ABSTAIN = 0 Motion passed
- ◆ BALLOT: 2016-18 BOD to accept President's appointments to the Communications and Publications
◆ Committee
FOR = 5 AGAINST = 0 ABSTAIN = 0 Motion passed

MEMBERSHIP COMMITTEE REPORT

**Congratulations to our
New Certified Members**

Heddie Leger (#1120)
Upgrade from Provisional
P.O. Box 872
Liberty, MO 64068
(H) 816-820-5829
pawzone@yahoo.com



Sarah Lane (#1121)
133 Milton Street
Nanaimo BC V9R 2K4
CANADA
(H) 250-713-1270
sarahannelane@gmail.com

Applicants for Certified Membership

Nancy Zeiher
Casa Grande, AZ

Susan Strinden Hall
(upgrade from Provisional)
Thompson, ND 58278

Jane Grauer
(upgrade from Provisional)
Newtown, CT 06470

The Membership Committee wants to hear from you if you know these applicants. We take your comments VERY seriously, and personal knowledge of an applicant can be the difference between an acceptance and a rejection. Send your comments within 30 days to:

membership@nadoi.org

Or by snail mail to the administrator
Linda Lundgren
Membership Administrator
17918 Emrose Lane

In Memoriam



Virginia Ellen Hansen

November 28, 1928 - April 10, 2016

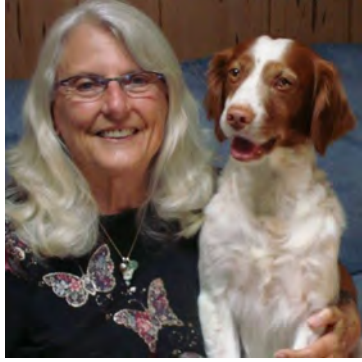
Virginia Ellen Hansen, 87, of Burley, returned to the arms of Jesus and her Heavenly Father, Sunday April 10, 2016, at Parke View Rehabilitation and Care Center, in Burley.

Virginia was born November 28, 1928, in Blackfoot, Idaho, to Arlough (Ed) and Mazie Cole. The family later moved to Heyburn, Idaho. Virginia married Robert Hansen November 11, 1949.

Virginia was a lady of many talents; she and Bob opened and operated Hansen Sign Co., which she continued to operate after Bob's death in 1985. In addition to being a fine artist, she played the French horn, raised goats, served as a 4-H leader for many years helping children train their dogs, taught dog obedience classes, and was honored by CSI for teaching Spanish as a community education instructor. She loved to learn and made it a priority throughout her life; in 2004, she graduated with a liberal arts degree from CSI. She also enjoyed participating in the Over-60 exercise class.

Virginia is survived by her brother, William L. (Darlene) Cole; and numerous nieces, nephews and cousins.

She was preceded in death by her husband, Bob; her parents; and sister, Linda.



Helen Marie Capps

Dec. 4, 1943 - Aug. 10, 2016

Helen Marie Capps, 72, of Fairfield passed away peacefully and on her own terms Wednesday, Aug. 10, after a brief fight with complications from cancer.

Born in Pennsylvania, she moved to California with her family as a child and lived in Fairfield for nearly 50 years.

Helen worked many jobs in her life, but training and showing dogs was her life. Starting when she was 10 years old with her family dog, she spent most her life training dogs and with her sister, Pat Haas, she wrote "The Best Dog is the trained dog."

She eventually turned dog training into a successful business.

After getting her first Brittany in 1986, she trained six Brittany's to several confirmation, obedience, agility and hunting championships. The Brittany and dog training world will miss her vibrant and helpful personality.

Helen was preceded in death by Ron, her husband of 28 years.

She is survived her sons, Alan and David Capps; sister, Pat Haas; her multiple champion Brittany, Striker; and numerous friends that she called family.

Memorial services will be held Friday, Aug. 19 at 10:30 a.m., at Pasa-lacqua Funeral Chapel, 901 West 2nd St., Benicia. Inurnment will be private.

Donations may be sent in Helen Capps name to the American Brit-tany Rescue, 731 Ridge Haven Drive, La Habra, CA 90631.



Margot Woods

On August 12, 2016, Applewoods Dog Training posted on Facebook

Sad to report that Margot Woods, Master Trainer, succumbed to cancer today. She was 73. A private funeral is planned but a memorial service will be held, date and time to be announced shortly.

Continuing Education Opportunities



Title	Presenter	Date	Location	Contact person
Preventing Poisoned Pets	Tins Wismer	10/15/16	Online	Kelly Conn kelpfarm@gmail.com
The BrightHaven Guide to Animal Hospice: The Gentle Shift	Gail and Richard Pope	08/01/16-08/01/19	Online	Cheryl Aguiar cheryl@e-trainingfordogs.com
The Art of Selling and Teaching Private Lessons	Teoti Anderson	1/1/16-1/1/18	Online	Kelly Cowan Kelly@AnimalBehaviorCollege.com
Training Shelter Dogs	Teoti Anderson, Kelly Gorman-Dunbar	1/1/16-1/1/18	Online	Kelly Cowan Kelly@AnimalBehaviorCollege.com
Pet Sitting and Dog Walking	Wendy Bedwell-Wilson	1/1/16-1/1/18	Online	Kelly Cowan Kelly@AnimalBehaviorCollege.com
Cat Management and Training	Miriam Fields-Babineau	1/1/16-1/1/18	Online	Kelly Cowan Kelly@AnimalBehaviorCollege.com
Pet Nutrition and Diet	Dr. Ian Billingham	1/1/16-1/1/18	Online	Kelly Cowan Kelly@AnimalBehaviorCollege.com
Pet Massage	Christein Sterzel	1/1/16-1/1/18	Online	Kelly Cowan Kelly@AnimalBehaviorCollege.com
Dog Obedience Instructor Program	Animal Behavior College and Contributors	Ongoing	Online, Hands-On	Animal Behavior College email@AnimalBehaviorCollege.com
Grooming Instruction Program	Animal Behavior College and Contributors	Ongoing	Online, Hands-On	Animal Behavior College email@AnimalBehaviorCollege.com
Veterinary Assistant Program	Animal Behavior College and Contributors	Ongoing	Online, Hands-On	Animal Behavior College email@AnimalBehaviorCollege.com
Breeding, Raising and Maintaining Confident, Happy Dogs	Jody Hergert-Andresen, B.A., CDDBC	10/15/16	WI	Jody Hergert-Andresen info@pawsitivedirections.com
Canine assisted therapy- the good, the bad, the unknown	Patricia Tirrell, CPDT-KA, CRA	09/13/16-09/13/19	Online	Cheryl Aguiar cheryl@e-trainingfordogs.com
Key Elements to Training Service Dogs	Stephanie Barger, CBCC-KA, CPDT-KA; Yvette Magee, CPDT-KA, Dianna Franco, Benn Rasmussen, Chandelle Rivera, Lindsey Stanek, Darrell Mays, Trevor Driggs	10/16/16-10/21/16	NM	Nicole Seay veterandogs@pawsandstripes.org

MEMBER NEWS

Roxanne Lee excitedly reports that Pree earned LOTS of praise from the judges and PERFECT scores of 10 in each discipline, on both of her land and water series.

What a grand first trial for 14-month old Pree!



Pree

Jane Guidinger brags that the Redcoat dogs have been busy this past few months. Tennille finished her RAE2 in June, Captain finished his OFF in July, London finished her CD in June and Touche' went RWD at his second show.



Pistol

Norma Rust tells us this is CH Ghost Creek Son Of A Gun TD OA OAJ "Pistol" 2 year old Miniature American Shepherd. Having such a great time with this new boy of mine.

George Quinlan proudly tells us...

8/29/16 - I am very proud of Merlin Casa de Mandingo for a job well done. I cost us 15 points, but still finished tied for 3rd out of 7 with a score of 252 to get our French Ring 2.



Melissa Royer

Merlin

9/11/16 - Just returned from a small village in SW Quebec. Merlin received his second leg for his French Ring 2, finishing 3rd again. We competed under a French judge and worked on a speedy, athletic French Decoy. We are now preparing for the Canadian Cup coming up at the end of the month, and the NARA Cup the end of October. This also allows us to move up and compete in FR3 level. Only 1 Bouvier in the US has achieved this and that was back in 1988. So proud of my boy he got to sleep in the bed of the RV last night. I have a feeling I may regret this in the future lol.



Susan Hach-Jenkins has a great new title certificate to show us!



New Member

July 6th 16

Pat Becker Wallis (#1119)

Anita- I could not be more thrilled and proud to have received your congratulatory email!

Nadoi is such a prestigious organization—it is an honor to have become a member. I look forward to visiting with the members I met in Oklahoma City. I was so impressed with their knowledge, and their philosophical views concerning Dog Training—a really nice group of Ladies.

Many Thanks and Hugs to all!

Pat Becker Wallis

Check out Pat's
online TV show at
dogtalktv.com/

And her books are
available at
patbeckerbooks.com/

NOTES FROM THE PAST

SUCCESS DEPENDS ON PERSONAL DEVELOPMENT

By John. R. Kenner (#208)

Perhaps the most revealing factor concerning the ultimate success or failure of dog obedience instructors is their continued personal growth. To be sure, this growth is a state of the art called development. Surprisingly, but true, technical abilities play a comparatively minor role in the overall training program, yet they continue to be given top priority over one's own personal development. Being yourself and improving that self's conduct and character rather than attempting to impersonate successful competitors is the key to success.

Technical abilities remain ineffective without communication and cooperation. Motivation and spirit depend on attitude and enthusiasm. Cleanliness and neatness are indicative of personal respect. Mental and emotional equilibrium with direction produces leadership. Disposition, moral strength, appearance, and emotion truly command the attention of the general public and our canine pals.

Reputation, good or bad, is the value accorded by the community, and believe me, that value is determined not by those evaluating your technical expertise, but by the impression your profession has made on the community. It is not required, nor is it expected, that you excel in technical knowledge; however, it is mandatory that your overall impression is pleasing and producing. If you are blessed with common sense, a genuine concern for your fellow man, a love and respect for dogs along with the desire to improve, you will in my opinion undoubtedly succeed.

ABOUT NADOI

CERTIFICATION

DOG OWNERS

DOG TRAINERS

SERVICE DOGS

EDUCATION

MEMBERS LOGIN

PHOTO GALLERY

Sneak Peek!



NADOI Notes Anthology

Updated 9/12/16. This is a "Featured Page" displaying content. The other boxes are Featured Pages displaying a "featured photo". We are thinking about presenting new NADOI Notes articles here when they are posted ...
[Read more...](#)



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[Chad Mackin to be 2017 Featured Speaker](#)

MISSION STATEMENT

To certify dog obedience instructors of the highest caliber, to provide continuing education and learning resources to those instructors, and to continue to promote humane, effective training methods and competent instruction.

CONTACT US

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NADOL News
Anita Crafton, Editor
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Hansen, ID 83334-5019



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